

# September 21

**Commemoration of the Holy Apostle Codratos of Magnesia;  
the holy prophet Jonah;**

**Leave-taking of the Feast of the Elevation of the Holy Cross**

(5th Class, 6th Tone, 4th Eothinon)

## ORTHROS

**TROPARION OF THE RESURRECTION** (*Tone 6*) [Twice]

The angelic Powers were around Your tomb, and the guards became as dead; and Mary stood at the tomb seeking Your spotless body. Then You despoiled Hades without being tried by it, and You met the Virgin, O Bestower of Life! O Lord who rose from the dead, glory to You!

**TROPARION OF THE CROSS** (*Tone 1*)

O Lord, save Your people and bless Your inheritance. Grant victory to our country over its enemies; and preserve Your community by the power of Your Cross.

**SESSIONAL HYMNS** (*Tone 6*)

When the tomb was seen to be opened, Hades was groaning; and Mary Magdalene cried out to the Apostles in hiding: "Go out into the vineyard, you laborers! Proclaim the good news of the Resurrection! For the Lord is risen, granting to the world great mercy!

v. Arise, O Lord my God; lift up Your mighty hand, and never forget Your poor.

Mary Magdalene stood before Your sepulcher, O Lord. Thinking You were a gardener, she cried out in her tears: "Where have you taken the eternal Life? Where have you hidden the One who is enthroned upon the Cherubim? I see the guards who are like dead men in their fright. Return my Lord to me, or else come with me and cry aloud: 'You have risen from the tomb, raising up the dead! O Lord, glory to You!'"

v. Glory to the Father and to the Son and to the Holy Spirit, now and always and to the ages of ages. Amen.

O Theotokos, Gideon foretold your conception and David explained the manner of your birth-giving. The Word came into your womb

like dew on the fleece. O holy Soil, without seed, you brought forth Christ God, the Salvation of the world.

**HYPACOI** (*Tone 6*)

O Christ, through Your voluntary and life-giving death, You shattered the gates of Hades by Your power as God, opening to us the original paradise! And through Your Resurrection from the dead, You saved our life from corruption!

**KONDAKION OF THE CROSS** (*Tone 4*)

O Christ our God, who chose by Your own free volition to be elevated upon the Holy Cross, grant Your mercies to Your new people who are called by Your name. In Your power, gladden the hearts of our public authorities; strengthen them in every good deed so that Your true alliance may be for them a weapon of peace and a standard of victory.

**IKOS**

Paul ascended to the third heaven. He heard unutterable and heavenly things which human beings cannot express. Study the Scripture and you will read and understand what he wrote to the Galatians: "May I never boast of anything but the Cross of our Lord Jesus Christ, on which He suffered the Passion, putting to death our passions!" Therefore, let us continue to praise this Cross of the Lord with confidence. Its Wood saves us; it is a weapon of peace and a standard of victory.

**KONDAKION OF THE RESURRECTION** (*Tone 6*)

Through the might of His hand, Christ our God, the Giver of Life, has raised the dead from the valley of gloom! He resurrected the human race, since He is Savior, Resurrection, Life and God to all!

**IKOS**

In faith, we sing and bow down in worship before Your Cross and Burial, O Giver of Life. For You bound Hades, O immortal Lord, and as the Mighty God, You raised up the dead with You. You smashed the gates of Hades and destroyed the dominion of Death. We mortals sing with love to You who trampled down the might of the deadly Enemy as You rose. You raised up all those who believe in You and delivered the world from the treachery of the serpent. In Your singular power, Lord, You freed us from the Enemy who had led us

astray. Therefore we reverently sing to You who are Savior, Resurrection, Life and God to all!

**EXAPOSTILARIA** (*Tone 2*)

~The Cross is the protector of the whole world; the Cross is the splendor of the Church; the Cross is the glory of kings; the Cross is the support of the faithful; the Cross is the glory of angels and the terror of demons.

~By commanding the myrrh-bearing women to rejoice, You brought an end to the weeping of our first parents. O Lord, You brought about joy in the world through Your holy Resurrection. At the prayers of the woman who gave birth to You, O Giver of Life, give light to our hearts; send us the light of Your love that we may cry aloud to You: "Glory to Your Resurrection, O our God, the Lover of Mankind!"

**PRAISES** (*Tone 6*)

*Stichera of the Resurrection*

8. O Lord, Your Cross is Life and Resurrection for Your people. Having placed our hope in it, we sing praise to You and say: "O our risen God, have mercy on us!"
7. O Master, Your tomb has opened the gates of Paradise to the human race. Having been delivered from Death, we sing praise to You and say: "O our risen God, have mercy on us!"
6. With the Father and the Spirit, let us glorify Christ who is risen from among the dead. Let us cry aloud to Him: "You are our Life and our Resurrection: have mercy on us!"
5. On the third day You have risen from the tomb, according to the Scriptures, O Christ! You raised up our first father with You. The whole human race glorifies You and sings of Your holy Resurrection!

*For the Cross* (*Tone 8*)

4. O marvelous wonder: the most holy Cross, the life-giving Tree, is lifted up on high today and shown to the world. All the earth gives glory; the devils tremble. How great a gift is given to the human race! Through Your Cross, save our souls, O Christ, who alone are full of compassion.

3. O marvelous wondrous: the Cross which carried the Most High as a Cluster of Grapes full of life is seen today exalted high above the Earth. Through the Cross, we are all drawn to God, and death has been swallowed up forever. O undefiled wood! Through you, we enjoy the immortal fruit of Eden, as we glorify Christ.
2. O marvelous wonder! The length and width of the Cross is equal to that of the heavens, for by divine grace it sanctifies the whole world. By the Cross, godless nations are won; by the Cross, the scepters of Kings are made firm. O divine ladder, you permit us to go up to Heaven, exalting Christ our God in song.
1. Today the Cross of the Lord goes forth, and the faithful welcome it with love; and they receive healing of soul and body and of every weakness. Let us kiss it with joy and fear: with fear, for we are unworthy, because of sin; with joy, for upon it Christ our God was in His great mercy crucified, granting the world salvation.
- v. Glory to the Father and to the Son and to the Holy Spirit,

*Doxastikon (Tone 4)*

Very early in the morning, the women went to Your tomb, O Lord, but they could not find Your venerable body. As they stood in fear, two men in radiant garments said to them: "Why do you seek the Living One among the dead? He has risen, as He said! Have you forgotten what He told you?" At these words, they went to proclaim what they had seen. But the Good News seemed an illusion to the Disciples, so depressed were they in spirit. However, Peter ran to the tomb and saw, and he glorified Your wonders, O Lord!

- now and forever and to the ages of ages. Amen.

*Theotokion*

You are truly most blessed, O Virgin Mother of God: through the One who was incarnate of you, Hades was chained, Adam revived, the curse wiped out, Eve set free, Death put to death, and we ourselves were brought back to life. That is why we cry out in praise: "Blessed are You, O Christ our God, who find in this Your good pleasure: glory to You!"