# St. Jacob Melkite Greek-Catholic Church



# كنيسة الهديس يعهوب للروء الملكيين الكاثوليك

بخدمة سان دييغو منذ نمام 1990

Serving San Diego Since 1990

#### أحد مرفع اللحم - Meatfare Sunday

Today is The **Sunday of the Last Judgment** or **Meatfare Sunday** and it is the third Sunday using the Lenten Triodion, the liturgical book used in the services of Great Lent, thus the third week of the pre-Lenten worship. It is called Meatfare Sunday because it is the last Sunday before Pascha when we consume meat. Our Gospel reading is the parable of the Last Judgment (Matthew 25:31-46) where we learn are children of God by following Christ and serving Him through others – especially those most in need: ... for I was hungry and you gave me to eat, I was thirsty and you gave me to drink, I was a stranger and you took me in, naked and you clothed me, sick and in prison and you visited me. .... For truly I say to you, if you did it to one of the least of these my brothers, you did it to me. May we resolve now to have our Lenten observances of prayer, fasting, and almsgiving glorify God and impel us to greater generosity in offering our time, treasure, and talent in service of our neighbor. At vespers this evening we begin Cheese Fare Week. **Cheese Fare Week is traditionally a week when no meat is eaten, but all other foods are allowed, even on Wednesday and Friday. On Wednesday and Friday there is fasting from midnight until noon.** 

<u>Prior week's donations</u>: \$1328 (including all cash, checks, and electronic deposits). Our weekly expenses run about \$1700. If we get 30 people (i.e., all the men, women, and children, combined), that amounts to about \$57 per person. We appreciate your generosity. St Jacob's couldn't survive without your support!

How can you join in the mission and vision of St Jacob's, the only Melkite community in San Diego County? First, by participating in the life of our community and attending our worship services. Second, if you cannot attend regularly, please pray for the well-being of our Melkite mission. Third, your financial support is crucial for the longevity of St Jacob's. Please give generously to Sunday collections, mail your donations to PO Box 231328, San Diego, CA 92193, or visit our online giving web page: https://stjacobmelkite.org/giving for electronic options. May the Lord bless your generosity. St Jacob's can't exist without your support!

Remember in your prayers: All who are sick, suffering or recovering from illness, especially His Holiness, Pope Francis, Samir Khbais, Juliette Linholm, Dcn. Edward Bagdasar, Najib Bagdasar, Eduardo Rame, Alfonso Hababa, Suad Maria, Manuel Salazar, Matthew Medina, Samir Shamieh, Micheline Haggar, Alice Boghos, Emil Shami and Nassim and Soumaya Nasser. All who have been and continue to be affected by the violence in Ukraine, Gaza and Lebanon. We remember the Christians being persecuted in Syria and throughout the Middle East. We remember also all who have fallen asleep in the hope of new life.

#### **Troparion of the Resurrection**: (Tone 7)

You destroyed Death by Your cross. You opened paradise to the thief. You changed the weeping of the myrrh-bearers, and commanded Your apostles to proclaim that You, O Christ God, have risen, granting to the world great mercy.

#### <u>Troparion of St. Jacob, Brother of the Lord</u>: (Tone 4)

As a disciple of the Lord, you received the Gospel, O holy Jacob. As a martyr, you displayed an unyielding will. As a brother of God, you have special power with Him. As a hierarch, you have the right of intercession. Intercede, therefore, with Christ God that he may save our souls.

#### Kondakion of Meat Fare: (Tone 1)

When You shall come down, O God, upon earth in your glory, every creature shall tremble before You. A river of fire shall flow before your judgment-seat, the books shall be opened and all secrets revealed. On that day, O righteous Judge, deliver me from the unquenchable fire and make me worthy to stand at your right!

#### Epistle: 1 Cor 8:8-13 & 9:1-2

Prokimenon: (Tone 2) Psalm 117:14,18

My strength and my courage is the Lord, and he has been my Savior.

**Stichon:** The Lord has chastised me through his teaching, yet he has not delivered me to death.

**Reading** from the First Epistle of St. Paul to the Corinthians Brethren, food does not commend us to God. For neither shall we gain any advantage if we eat, nor suffer any loss if we do not. And yet, beware lest perhaps this right of yours become a stumbling-block to the weak. For if a man sees you who "have knowledge" sitting at table in a place dedicated to idols, will not his conscience, weak as it is, be emboldened to eat idol offerings? And through your "knowledge" the weak one will perish, the brother for whom Christ died. Now, when you sin in this way against the brethren and wound their weak conscience, you are sinning against Christ. Therefore, if food scandalizes my brother, I will never again eat any more meat so as not to scandalize my brother. Am I not an apostle? Am I not free? Have I not seen Jesus our Lord? Are you not my work in the Lord? And if to others I am not an apostle, yet to you I am. For you are the seal set upon my apostleship in the Lord.

#### نشيد دخول ربنا يسوع المسيح الى الهيكل: (باللحن الاول)

إِفْرِحِي يا والدَّةَ الآلهِ العذراء الممتلئة نِعمة، لأَنه منكِ أشرق شمسُ العدلِ المسيخُ إلهنا، مُنيراً الذين هم في الظلام. وافرَحْ أنتَ أيها الشيخُ الصِّدِيق، قابِلاً على ذِراعيكَ مُعتِقَ نفوسِنا، والمنعمَ علينا بالقيامة.

## نشيد القيامة: (باللحن السابع)

لاشيتَ بصليبكَ الموت، وفتحت للص الفردوس، وحولت نوحَ حاملات الطيب الى فرح، وأمرتَ رسلكَ أن يكرزوا مبشرين بأنك قد قمت، أيها المسيخ الآله، مانحاً العالم عظيمَ الرحمة.

### قنداق الختام - لمرفع اللحم: (باللحن الاول)

متى اتيتَ يا الله على الارض بمجد، وارتعد كلُّ شيء، وجرى نهرُ النارِ أَمام المنبر، وفُتِحتِ الكتب، وأُعلنتِ الخفايا، حينئذِ أنقذني من النارِ التي لا تطفأ، وأهلني للوقوف عن يمينك، أيها القاضي العادل.

#### مقدمة الرسالة:

الربُّ قوتي وتسبيحي، لقد كان لي خلاصاً أدبني الربُّ تأديباً، والى الموتِ لم يُسلمني الرسالة: (1 كورنثس 8: 8 الى 9: 2)

يا إخوة، إنَّ الطَّعامَ لا يُقرّبُنا الى الله، لأنًا إنْ أَكَلْنا لَم نَزِدَدُ وإنْ لم ناقُلُ لم نَنقُص. ولكن احذروا ان يكونَ سُلطانكم هذا معثرةً للضعفاء. فإنه إن رآكَ أحدٌ، أنتَ الذي لكَ العلم، مُتَّكناً في بيتِ الاوثان، أفلا يتقوَّى ضميره، إذ هو ضعيف، على أكل ذبائح الاوثان؟ فيهلك، بسبب علمك، الاخ الضعيف الذي مات المسيخ لأجله. وهكذا إذ تخطئون إلى الاخوة، وتجرحونَ ضَمِيرهم الضعيف، انما تخطئون إلى المسيح. فلذلك إن كانَ الطعامُ يشكّكُ أخي، فلا آكلُ اللحمَ إلى الابد، لئلاً أشكّكَ أخي. ألستُ رسولاً؟ ألستُ حراً؟ أما رأيتُ يسوع المسيح ربنا؟ ألستم أنتم عملي في الرب؟ إن لم أكنْ رسولاً إلى المسيح ربولٌ اليكم، لأني خاتمَ رسالتي هو أنتم في الرب.

Alleluia: (Tone 2) Psalm 19:1; 27:9

The Lord shall hear you on the day of distress; the name of the God of Jacob shall defend you.

**Stichon:** O Lord, save your people and bless your inheritance.

Gospel: Matthew 25, 31-46 (Last Judgement)

The Lord said, "At that time when the Son of Man shall come in his majesty, and all the angels with him, then he will sit on the throne of his glory; and before him will be gathered all the nations, and he will separate them one from another, as the shepherd separates the sheep from the goats; and he will set the sheep on his right hand, but the goats on the left. Then the king will say to those on his right hand, Come, blessed of my Father, take possession of the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me to eat; I was thirsty and you gave me to drink; I was a stranger and you took me in; naked and you covered me; sick and you visited me; I was in prison and you came to me.' Then the just will answer him, saying, 'Lord, when did we see you hungry, and feed you; or thirsty, and give you to drink? And when did we see you a stranger, and take you in; or naked, and clothe you? Or when did we see you sick, or in prison, and come to you?' And answering, the King will say to them, 'Amen I say to you, every time you did it for one of these, the least of my brethren, you did it for me.' Then he will say to those on his left hand, 'Go away from me, accursed ones, into the everlasting fire which was prepared for the devil and his ministers. For I was hungry, and you did not give me to eat; I was thirsty and you gave me no drink; I was a stranger and you did not take me in; naked and you did not clothe me; sick, and in prison, and you did not visit me.' Then they also will answer and say, 'Lord, when did we see you hungry, or thirsty, or a stranger, or naked, or sick, or in prison, and did not take care of you?' Then he will answer them, saying, 'Amen I say to you as long as you did not do it for one of these least ones, you did not do it for me.' And these will go into everlasting punishment, but the just into everlasting life.

ليستجلب لكَ الربُّ في يومِ الضيق، ليعضدُكَ اسمُ إلهِ يعقوب خلِصْ يا ربُ شعبكَ، وباركْ ميراثكَ

# أنجيل أحد مرفع اللحم

الانجيل: (متى 25: 31-46)

قال الرب: متى جاء ابنُ الانسان في مجدهِ، وجميعُ الملائكة القديسين معه، حينئذٍ يجلسُ على عرش مَجدِه. وتُجْمَعُ لديه كل الامم فَيُميّزُ بعضَهم من بعض، كما يُميّزُ الراعي الخراف من الجداء. ويقيمُ الخراف عن يَمِينة والجداء عن يساره. حينئذ يقول الملك للذين عن يمينه: تعالوا يا مباركي أبي، رثوا الملك المعدّ لكم منذُ انشاء العالم. لأني جعت فأطعمتموني، وعطشتُ فَسقتُموني، كنتُ غريباً فآويتُموني، وعرياناً فَكَسوتُموني، ومريضاً فَعدتُموني، وكنتُ محبوساً أتيتم إليَّ. حينئذٍ يجيبه الصديقونَ قائلين: ياربّ، متى رأيناكَ جائعاً فأطعمناك، أو عطشان فسقيناك، ومتى رأيناك غريباً فآويناك، أو عرياناً فكسوناك. ومتى رأيناك مريضاً أو محبوساً فأتينا إليك؟ فيجيبُ الملك ويقولُ لهم: الحقَ أقولُ لكم، إنكم كلما فعلتم ذلك بأحدِ إخوتى هؤلاء الصغار فبي فعلتموه. حينئذٍ يقول أيضاً للذين عن يساره: اذهبوا عنى يا ملاعين إلى النار الابدية المعدّة لأبليسَ وملائكته. لأنى جعتُ فلم تطعموني، وعطشتُ فلم تسقوني، وكنتُ غريباً فلم تؤوني، وعرياناً فلم تكسوني، ومريضاً ومحبوساً فلم تزوروني. حينئذٍ يجيبونه هم أيضاً ويقولون: يا ربّ متى رأيناك جائعاً أو عطشان أو غريباً أو عرياناً أو مريضاً أو محبوساً ولم نخدمك؟ حينئذٍ يُجيبُ ويَقولَ لهم: الحقَ أقولُ لكم، كلما لم تفعلوا ذلك بأحد هؤلاء الصِغار فبي لم تفعلوه. فيذهبُ هؤلاء الى عقابِ أبدي، والصديقونَ الى الحياة الابدية.

النشيد لوالدة الاله: انه واجبٌ حقاً....

كينونيكون: سبحوا الربّ من السماوات. هللويا.

بعد المناولة: إذ قد نظرنا النور الحقيقي ...

<u>Hirmos</u>: It Is truly right to call you blessed

Kinonikon: Praise the Lord...

Post-communion: We have seen the true Light...

#### SAINT JACOB MELKITE GREEK-CATHOLIC CHURCH

Wednesday Vespers 7:00 p.m. Confessions after vespers & by appt Sunday Divine Liturgy 11:15 a.m.

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Information on other **Holy Mysteries** (sacraments): <a href="https://stjacobmelkite.org/holy-mysteries">https://stjacobmelkite.org/holy-mysteries</a>
To report sexual abuse by clergy, parish personnel or volunteers of the Eparchy of Newton, please call the Victim Assistance Coordinator at 1-800-479-5910.

**Saint Jacob Melkite Catholic Church** is an Eastern Catholic Community of the Eparchy of Newton, headed by His Grace, Bishop François. Liturgical services are celebrated in English and Arabic in the Byzantine Rite. The Eparchy (Diocese) is a part of the Patriarchate of Antioch, headed by His Beatitude, Patriarch Joseph. "...and in Antioch the disciples were for the first time called Christians" (Acts 11:26). The Melkite Greek-Catholic Church professes the Orthodox Faith and maintains full communion with the See of Rome.

**St. Jacob Mission Statement:** To foster a Catholic and Godly renewal with worship through the awe-inspiring Liturgy of the Byzantine Rite and by safeguarding our Orthodox Faith and Tradition; to bring the message of the Living Lord to the faithful and seekers of truth.

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